

# Beacon Health Group, LLC

## Notice of Privacy Practices

THIS NOTICE DESCRIBES HOW MEDICAL INFORMATION ABOUT YOU MAY BE USED AND DISCLOSED AND HOW YOU CAN GET ACCESS TO THIS INFORMATION. PLEASE REVIEW IT CAREFULLY.

The Health Insurance Portability and Accountability Act (HIPAA; "Act") of 1996, revised in 2013, requires us as your health care provider to maintain the privacy of your protected health information, to provide you with notice of our legal duties and privacy practices with respect to protected health information, and to notify affected individuals following a breach of unsecured protected health information. We are required to maintain these records of your health care and to maintain confidentiality of these records.

The Act also allows us to use your information for treatment, payment, and certain health operations unless otherwise prohibited by law and without your authorization.

- **Treatment:** We may disclose your protected health information to you and to our staff or to other health care providers in order to get you the care you need. This includes information that may go to the pharmacy to get your prescription filled, to a diagnostic center to assist with your diagnosis, or to the hospital should you need to be admitted. If necessary to ensure that you get this care, we may also discuss the minimum necessary with friends or family members involved in your care unless you request otherwise.
- **Payment:** We may send information to you or to your health plan in order to receive payment for the service or item we delivered. We may discuss the minimum necessary with friends or family members involved in your payment unless you request otherwise.
- **Health operations:** We are allowed to use or disclose your protected health information to train new health care workers, to evaluate the health care delivered, to improve our business development, or for other internal needs.
- We are required to disclose information as required by law, such as public health regulations, health care oversight activities, certain law suits and law enforcement.

### Appointment Reminders

Our organization may use and disclose your protected health information to remind you that you have an appointment.

Certain ways that your protected health information could be used disclosed require an authorization from you: disclosure of psychotherapy notes, use or disclosure of your information for marketing, disclosures or uses that constitute a sale of protected health information, and any uses or disclosures not described in this NPP. We cannot disclose your protected health information to your employer or to your school without your authorization unless required by law. You will receive a copy of your authorization and may revoke the authorization in writing. We will honor that revocation beginning the date we receive the written signed revocation.

You have several rights concerning your protected health information. When you wish to use one of these rights, please inform our office so that we may give you the correct form for documenting your request.

- You have the right to access your records and/or to receive a copy of your records, with the exception of psychotherapy notes. Your request must be in writing, and we must verify your identity before allowing the requested access. We are required to allow the access or provide the copy within 30 days of your request. We may provide the copy to you or to your designee in an electronic format acceptable to you or as a hard copy. We may charge you our cost for making and providing the copy. If your request is denied, you may request a review of this denial by a licensed health care provider.
- You have the right to request restrictions on how your protected health information is used for treatment, payment, and health operations. For example, you may request that a certain friend or family member not have access to this information. We are not required to agree to this request, but if we agree to your request, we are obligated to fulfill the request, except in an emergency where this restriction might interfere with your care. We may terminate these restrictions if necessary to fulfill treatment and payment.
- We are required to grant your request for restriction if the requested restriction applies only to information that would be submitted to a health plan for payment for a health care service or item for which you have paid in full out-of-pocket, and if the restriction is not otherwise forbidden by law. For example, we are required to submit information to federal health plans and managed care organizations even if you request a restriction. We must have your restriction documented prior to initiating the service. Some exceptions may apply, so ask for a form to request the restriction and to get additional information. We are not required to inform other covered entities of this request, but we are not allowed to use or disclose information that has been restricted to business associates that may disclose the information to the health plan.
- You have the right to request confidential communications. For example, you may prefer that we call your cell phone number rather than your home phone. These requests must be in writing, may be revoked in writing, and must give us an effective means of communication for us to comply. If the alternate means of communications incurs additional cost, that cost will be passed on to you.
- Your medical records are legal documents that provide crucial information regarding your care. You have the right to request an amendment to your medical records, but you must make this request in writing and understand that we are not required to grant this request.
- You have the right to an accounting of disclosures. This will tell you how we have used or disclosed your protected health information. We are required to inform you of a breach that may have affected your protected health information.
- You have the right to receive a copy of this notice, either electronic or paper or both.
- You have the right to opt out of fund raising communications.

If you have any questions about our privacy practices, please contact our Privacy Officer at the number below.

You have the right to file a complaint with us or with the Office for Civil Rights. We will not discriminate or retaliate in any way for this action. To file a complaint, please contact the applicable party:

Privacy Officer

Phone number: 317-559-7970

Fax number: 317-559-7971

Office for Civil Rights

<http://www.hhs.gov/ocr/privacy/hipaa/complaints/index.html>

**PATIENT REGISTRATION**

PLEASE PRINT AND COMPLETE ALL ENTRIES

<b>PATIENT NAME (LAST -- FIRST -- MIDDLE INITIAL)</b>		<b>ADDRESS</b>			
<b>CITY, STATE</b>		<b>ZIP</b>	<b>HOME PHONE</b>		<b>CELL PHONE</b>
<b>PATIENT DATE OF BIRTH</b>	<b>PATIENT SSN</b>	<b>SEX</b> <input type="checkbox"/> Male <input type="checkbox"/> Female		<b>MARITAL STATUS</b> <input type="checkbox"/> Single <input type="checkbox"/> Married <input type="checkbox"/> Other _____	
<b>PATIENT EMPLOYER NAME</b>		<b>PATIENT EMPLOYER ADDRESS (STREET ADDRESS - CITY - STATE - ZIP)</b>			<b>EMPLOYER PHONE</b>
<b>INSURED/RESPONSIBLE PARTY INFORMATION</b>		<b>RELATION TO PATIENT:</b> <input type="checkbox"/> spouse <input type="checkbox"/> parent <input type="checkbox"/> guardian			
<b>NAME (FIRST -- LAST -- MIDDLE INITIAL)</b>		<b>ADDRESS (if different from patient)</b>			
<b>HOME PHONE</b>	<b>WORK PHONE</b>	<b>SSN</b>	<b>BIRTH DATE</b>	<b>EMPLOYER</b>	
<b>INSURANCE INFORMATION</b>					
<b>PRIMARY INSURANCE NAME</b>		<b>ADDRESS (STREET - CITY - STATE - ZIP)</b>			<b>PHONE</b>
<b>GROUP NUMBER</b>	<b>ID NUMBER</b>	<b>EMPLOYER</b>			<b>EMPLOYER PHONE</b>
<b>SECONDARY INSURANCE NAME</b>		<b>ADDRESS (STREET - CITY - STATE - ZIP)</b>			<b>PHONE</b>
<b>GROUP NUMBER</b>	<b>ID NUMBER</b>	<b>EMPLOYER</b>			<b>EMPLOYER PHONE</b>
<b>PRIMARY DOCTOR/FAMILY DOCTOR</b>			<b>REFERRING DOCTOR</b>		
<b>IN CASE OF EMERGENCY CONTACT</b>			<b>RELATIONSHIP</b>	<b>PHONE NUMBER</b>	

**ASSIGNMENT AND RELEASE:** I hereby authorize my insurance benefits be paid directly to the physician and I am financially responsible for non-covered services. I also authorize the physician to release any information required in the processing of this claim and all future claims. If my account is sent to a collection agency, I agree to pay all collection and attorney fees.

<b>SIGNATURE (Patient or, if minor Signature of parent or guardian)</b>	<b>DATE</b>
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**RELEASE OF INFORMATION**

I understand that:

- once "this facility" discloses my health information by my request, it cannot guarantee that Recipient will not re-disclose my health information to a third party. The third party may not be required to abide by this Authorization or applicable federal and state laws governing the use and disclosure of my health information.
- I may make a request in writing at any time to inspect and/or obtain a copy of my health information maintained at this facility as provided in the Federal Privacy Rule 45 CFR (164.524).
- my records are protected and cannot be disclosed without written permission
- this Authorization will remain in effect for one year or I provide a written notice of revocation to the Medical Record Department.

<b>SIGNATURE OF PATIENT OR LEGAL REPRESENTATIVE</b>	<b>DATE</b>	<b>EMAIL</b>
<b>IF SIGNED BY LEGAL REPRESENTATIVE, RELATIONSHIP TO PATIENT</b>	<b>SIGNATURE OF WITNESS (Optional):</b>	

**TURN THE PAGE OVER AND COMPLETE ALL ENTREES, PLEASE BE SURE TO LIST YOUR PREFERRED PHARMACY AT THE TOP ON PAGE 2**

**PATIENT MEDICAL HISTORY**

PATIENT NAME (LAST -- FIRST -- MIDDLE INITIAL)

**\*\* Preferred Pharmacy:**

**Allergies**

- NONE/No Known Allergies     Penicillin     Dairy Products     Aspirin     Codeine

**OTHER: (list allergies)**

**FAMILY HISTORY – Please indicate if any of your immediate relatives have had any of the following by placing an X in the appropriate box.**

	MOTHER	FATHER	SIBLING (Brother/Sister)
Anesthesia Problems			
Arthritis			
Cancer			
Diabetes			
Heart Problems			
Hypertension			
Stroke			
Thyroid Disorder			
Drug/Alcohol addiction			
Explain family history:			

**SOCIAL HISTORY**

**Marital status:**  Single  Married  Divorced  Widowed  Separated

**Occupation:** \_\_\_\_\_  Retired  Disabled (reason \_\_\_\_\_)

Yes  No - Do you drink alcohol?     Daily  Weekly \_\_\_\_\_ # of drinks per day/week?    how long? \_\_\_\_\_

Yes  No - Do you use tobacco?     Smoke (\_\_\_\_ packs per day)     Chew/dip how much? \_\_\_\_\_ how long? \_\_\_\_\_

\*When you wake up in the morning how long does it take to start smoking?

**Surgical History:** Please list any hospitalizations, surgeries, fractures or major illnesses you have had.

TYPE OF SURGERY	YEAR or DATE	DOCTOR	LOCATION

**Medical History:** Have you ever had any of the following?

- |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <input type="checkbox"/> NONE of the problems listed<br><input type="checkbox"/> allergies<br><input type="checkbox"/> anemia (low blood count)<br><input type="checkbox"/> arthritis conditions<br><input type="checkbox"/> asthma<br><input type="checkbox"/> arterial fibrillation<br><input type="checkbox"/> bleeding problems<br><input type="checkbox"/> CAD coronary artery disease<br><input type="checkbox"/> cancer (type? _____)<br><input type="checkbox"/> cardiac arrest<br><input type="checkbox"/> celiac disease | <input type="checkbox"/> chest pain<br><input type="checkbox"/> CHF congestive heart failure<br><input type="checkbox"/> chronic fatigue syndrome<br><input type="checkbox"/> depression<br><input type="checkbox"/> diabetes<br><input type="checkbox"/> drug/alcohol abuse<br><input type="checkbox"/> erectile dysfunction<br><input type="checkbox"/> fibromyalgia<br><input type="checkbox"/> gastric reflux (Gerd)<br><input type="checkbox"/> heart disease<br><input type="checkbox"/> high cholesterol<br><input type="checkbox"/> hypogonadism (low testosterone) | <input type="checkbox"/> high blood pressure<br><input type="checkbox"/> hyperlipidemia<br><input type="checkbox"/> hypertension<br><input type="checkbox"/> hypothyroidism (low thyroid)<br><input type="checkbox"/> infection problems<br><input type="checkbox"/> insomnia<br><input type="checkbox"/> irritable bowel syndrome<br><input type="checkbox"/> kidney problems<br><input type="checkbox"/> menopause<br><input type="checkbox"/> migraines/headaches<br><input type="checkbox"/> neuropathy<br><input type="checkbox"/> nail fungus (onychomycosis) | <input type="checkbox"/> osteoporosis<br><input type="checkbox"/> pulmonary embolism/blood clot in legs<br><input type="checkbox"/> prostate enlargement<br><input type="checkbox"/> seizure disorders<br><input type="checkbox"/> shortness of breath<br><input type="checkbox"/> sinus conditions<br><input type="checkbox"/> stroke<br><input type="checkbox"/> tremors<br><input type="checkbox"/> wheat allergy<br><input type="checkbox"/> food allergy<br><input type="checkbox"/> other _____ |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|

**Medications:** List any medications you are currently taking (please include over the counter medications):

MEDICATION	DOSAGE	PERSCRIBING DOCTOR

Name: \_\_\_\_\_

Today's Date: \_\_\_\_\_

## REVIEW OF SYSTEMS

For new patients, established patients who may be having a new problem, or our patients who we haven't seen for a while, we need to update our records as to your general medical health. In each area, if you are not having any difficulties, please check "No Problems." If you are experiencing any of the symptoms listed, **PLEASE CIRCLE THE ONES THAT APPLY**, or explain any that may not be listed. If you have any questions about this, please ask one of the technicians, or your doctor.

**Const. (Health in General)**       No Problems    Lack of energy, unexplained weight gain or weight loss, loss of appetite, fever, night sweats, pain in jaws when eating, scalp tenderness, prior diagnosis of cancer. Other: \_\_\_\_\_

**Ears, Nose, Mouth & Throat**       No Problems    Difficulty with hearing, sinus problems, runny nose, post-nasal drip, ringing in ears, mouth sores, loose teeth, ear pain, nosebleeds, sore throat, facial pain or numbness. Other: \_\_\_\_\_

**C-V (Heart & Blood Vessels)**       No Problems    Irregular heartbeat, racing heart, chest pains, swelling of feet or legs, pain in legs with walking. Other: \_\_\_\_\_

**Resp. (Lungs & Breathing)**       No Problems    Shortness of breath, night sweats, prolonged cough, wheezing, sputum production, prior tuberculosis, pleurisy, oxygen at home, coughing up blood, abnormal chest x-ray. Other: \_\_\_\_\_

**GI (Stomach & Intestines)**       No Problems    Heartburn, constipation, intolerance to certain foods, diarrhea, abdominal pain, difficulty swallowing, nausea, vomiting, blood in stools, unexplained change in bowel habits, incontinence. Other: \_\_\_\_\_

**GU (Kidney & Bladder)**       No Problems    Painful urination, frequent urination, urgency, prostate problems, bladder problems, impotence. Other: \_\_\_\_\_

**MS (Muscles, Bones, Joints)**       No Problems    Joint pain, aching muscles, shoulder pain, swelling of joints, joint deformities, back pain. Other: \_\_\_\_\_

**Integ. (Skin, Hair & Breast)**       No Problems    Persistent rash, itching, new skin lesion, change in existing skin lesion, hair loss or increase, breast changes. Other: \_\_\_\_\_

**Neurologic (Brain & Nerves)**       No Problems    Frequent headaches, double vision, weakness, change in sensation, problems with walking or balance, dizziness, tremor, loss of consciousness, uncontrolled motions, episodes of visual loss. Other: \_\_\_\_\_

**Psychiatric (Mood & Thinking)**       No Problems    Insomnia, irritability, depression, anxiety, recurrent bad thoughts, mood swings, hallucinations, compulsions. Other: \_\_\_\_\_

**Endocrinologic (Glands)**       No Problems    Intolerance to heat or cold, menstrual irregularities, frequent hunger/urination/thirst, changes in sex drive. Other: \_\_\_\_\_

**Hematologic (Blood/Lymph)**       No Problems    Easy bleeding, easy bruising, anemia, abnormal blood tests, leukemia, unexplained swollen areas. Other: \_\_\_\_\_

**Allergic/Immunologic**       No Problems    Seasonal allergies, hay fever symptoms, itching, frequent infections, exposure to HIV. Other: \_\_\_\_\_

**Medicare/Medicaid Acknowledgement**  
**for**  
**Peter D. Farr, MD**

By signing this document, you acknowledge that Dr. Peter Farr has chosen NOT to participate in Medicare and Medicaid. Therefore, if you are enrolled in those programs and still choose to see Dr. Farr, **you** will be responsible for the payment for services provided. You understand that there are other offices that take your insurance, and you are choosing to be a self-pay patient in this office. You agree you will not submit a claim for services provided by Dr. Farr.

You also acknowledge that if you have an out of state Medicaid program, you will not submit a claim for services provided by Dr. Farr.

Patient Printed Name: \_\_\_\_\_

Patient Signature: \_\_\_\_\_

Date: \_\_\_\_\_

BEACON PC, LLC  
7440 Shadeland Ave., Suite 200  
Indianapolis, IN 46250



## Payment Policy

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Thank you for choosing Beacon as your healthcare provider. Please read our payment policy and feel free to ask us any questions you may have, and sign in the space provided.

1. **Payment** in full is expected at each visit. If you are unable to pay **in full** at the time of the visit, your appointment will be rescheduled.
2. **Commercial Insurance.** We are considered "Out of Network" with commercial insurance companies. As a courtesy and at your request, we can provide a Superbill/Receipt for your visit which you may submit to your commercial insurance company for possible reimbursement, if you have "Out of Network" benefits. This does **NOT** apply to any Medicaid or Medicare Insurance.
3. **Nonpayment.** If your account is past due, you will receive a notice stating that you have 90 days to pay your account in full. During that 90 days, you will be required to pay in full for scheduled office visits. If you are unable to pay in full for the visit, we will reschedule your appointment. Partial payments will not be accepted unless otherwise negotiated. Please be aware that if a balance remains unpaid, we may refer your account to a collection agency, and you may be discharged from this practice. If this is to occur, you will be notified that you have 30 days to find alternative medical care. During that 30-day period, our provider will only be able to treat you on an emergency basis.
4. **Missed appointments.** Our policy is to charge \$50.00 for missed appointments in which we have not received 24-hour notice.

I have read and understand the payment policy and agree to abide by its guidelines:

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Signature of Patient or Responsible Party

Date

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Printed Name of Patient or Responsible Party

Date





## Information Regarding Email/Text

We want to be sure you understand there are risks if you email or text your personal health information. These risks are outlined below.

### Risk of using email/texting

The transmission of client information by email and/or texting has several risks that patients should consider prior to the use of these forms of communication. These include, but are not limited to, the following:

- a. Email and texts can be circulated, forwarded, stored electronically and on paper, and broadcast to unintended recipients.
- b. Email and text senders can easily misaddress an email or text and send the information to an undesired recipient.
- c. Backup copies of emails and text may exist even after the sender and/or the recipient has deleted his or her copy.
- d. Employers and on-line services have a right to inspect emails sent through their company systems.
- e. Emails and texts can be intercepted, altered, forwarded, or used without authorization or detection.
- f. Email and texts can be used as evidence in court.
- g. Emails and texts may not be secure and therefore it is possible that the confidentiality of such communications may be breached by a third party.

If you choose to email or text the office or your healthcare provider outside of our patient portal, you understand that you are accepting the risks discussed above.

**I consent to communicating through email or text.**

**I do NOT consent to communicating through email or text.**

Date: \_\_\_\_\_

Patient Printed Name: \_\_\_\_\_

Patient Signature: \_\_\_\_\_

# Beacon Health Group, LLC

## RELEASE OF MEDICAL INFORMATION

PLEASE PRINT YOUR NAME: \_\_\_\_\_

BY SIGNING BELOW, I AUTHORIZE BEACON HEALTH GROUP, LLC TO RELEASE MY MEDICAL AND BILLING INFORMATION TO:

RELATIONSHIP			NAME OF DESIGNATED PERSON
SPOUSE	<input type="checkbox"/> YES	<input type="checkbox"/> NO	_____
CHILDREN	<input type="checkbox"/> YES	<input type="checkbox"/> NO	_____
IN-LAWS	<input type="checkbox"/> YES	<input type="checkbox"/> NO	_____
CAREGIVERS	<input type="checkbox"/> YES	<input type="checkbox"/> NO	_____
PARENTS	<input type="checkbox"/> YES	<input type="checkbox"/> NO	_____
OTHERS			_____

PATIENT SIGNATURE \_\_\_\_\_ DATE \_\_\_\_\_

PARENT SIGNATURE \_\_\_\_\_ DATE \_\_\_\_\_

**We ask that if you have any change in this request, that you please inform the receptionist.**

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BEACON HEALTH GROUP, LLC MAY LEAVE APPOINTMENT INFORMATION ON MY VOICEMAIL:

HOME	<input type="checkbox"/> YES	<input type="checkbox"/> NO
CELL	<input type="checkbox"/> YES	<input type="checkbox"/> NO
RELATIVE	<input type="checkbox"/> YES	<input type="checkbox"/> NO

PATIENT SIGNATURE \_\_\_\_\_

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I AUTHORIZE THE FOLLOWING TO PICK UP PRESCRIPTIONS, X-RAYS, ETC.

RELATIONSHIP			
SPOUSE	<input type="checkbox"/> YES	<input type="checkbox"/> NO	_____
RELATIVE	<input type="checkbox"/> YES	<input type="checkbox"/> NO	_____
CAREGIVER	<input type="checkbox"/> YES	<input type="checkbox"/> NO	_____

PATIENT SIGNATURE \_\_\_\_\_ DATE \_\_\_\_\_

I UNDERSTAND THAT BEACON HEALTH GROUP, LLC WILL ASK FOR IDENTIFICATION OF THE PERSON PICKING UP PATIENT MEDICAL INFORMATION OR PRODUCTS.

NAME: \_\_\_\_\_ DATE: \_\_\_\_\_

## PATIENT HEALTH QUESTIONNAIRE-9 (PHQ-9)

Over the last 2 weeks, how often have you been bothered by any of the following problems? (Use "✓" to indicate your answer)

	Not at all	Several days	More than half the days	Nearly every day
1. Little interest or pleasure in doing things	0	1	2	3
2. Feeling down, depressed, or hopeless	0	1	2	3
3. Trouble falling or staying asleep, or sleeping too much	0	1	2	3
4. Feeling tired or having little energy	0	1	2	3
5. Poor appetite or overeating	0	1	2	3
6. Feeling bad about yourself — or that you are a failure or have let yourself or your family down	0	1	2	3
7. Trouble concentrating on things, such as reading the newspaper or watching television	0	1	2	3
8. Moving or speaking so slowly that other people could have noticed? Or the opposite — being so fidgety or restless that you have been moving around a lot more than usual	0	1	2	3
9. Thoughts that you would be better off dead or of hurting yourself in some way	0	1	2	3

FOR OFFICE CODING   0   +      +      +       
=Total Score:     

If you checked off any problems, how difficult have these problems made it for you to do your work, take care of things at home, or get along with other people?

Not difficult at all	Somewhat difficult	Very difficult	Extremely difficult
⑤	④	③	②

Name: \_\_\_\_\_

Date: \_\_\_\_\_

### Generalized Anxiety Disorder 7-item (GAD-7) scale

Over the last 2 weeks, how often have you been bothered by the following problems?	Not at all sure	Several days	Over half the days	Nearly every day
1. Feeling nervous, anxious, or on edge	0	1	2	3
2. Not being able to stop or control worrying	0	1	2	3
3. Worrying too much about different things	0	1	2	3
4. Trouble relaxing	0	1	2	3
5. Being so restless that it's hard to sit still	0	1	2	3
6. Becoming easily annoyed or irritable	0	1	2	3
7. Feeling afraid as if something awful might happen	0	1	2	3
<i>Add the score for each column</i>	+	+	+	
Total Score ( <i>add your column scores</i> ) =				

If you checked off any problems, how difficult have these made it for you to do your work, take care of things at home, or get along with other people?

Not difficult at all \_\_\_\_\_

Somewhat difficult \_\_\_\_\_

Very difficult \_\_\_\_\_

Extremely difficult \_\_\_\_\_

Source: Spitzer RL, Kroenke K, Williams JBW, Lowe B. A brief measure for assessing generalized anxiety disorder. *Arch Intern Med.* 2006;166:1092-1097.